



Third Annual 5K Walk/Run & 1 Mile Kids Fun Run

The 1 Mile Kids Fun Run is for kids 12 and under. All kids 5 and under must run with an adult.

When

Sunday, May 2nd. The 1 Mile Kids Run starts at 8:30 AM. The 5K starts at 9:00 AM.

Race day registration and packet pick-up begins at 7:30 AM.



Where

South Omaha. Race day registration and packet pickup is at the Plaza de la Raza at 24th and N streets.

Course

5K (3.1 miles) loops through South Omaha starting and finishing at the Plaza de la Raza.

Tee-shirts and Awards

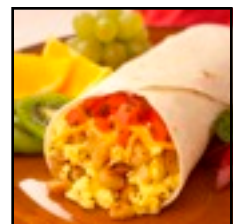
Shirts are guaranteed for all entries received before April 25th and available to others while supplies last.



Medals will be awarded to the top three overall boy and girl winners for the 1 Mile Kids Run.

Plaques will be awarded to the top three male and female overall winners for the 5K. Medals will be awarded to the top three male and female age groups winners.

The following age groups will be used: under 19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 plus.



Post Race

Breakfast burritos, bagels, fruit, water and coffee for all participants

Entertainment

Clowns and face painting starting at 8:00 AM

Live marimba (traditional Mayan music) throughout the morning



Entry fees

Before April 25

After April 25

Individual one mile kids run	\$15	\$20
Individual 5K walk run	\$20	\$25
Family of four	\$60	\$70
Family of five	\$75	\$85
Family of six or more	\$90	\$100
Group of five or more	\$15/individual	\$15/individual plus \$10/group

The family rate includes one or both parents and their children.



Proceeds



Proceeds benefit IXIM Spirit of Solidarity, a ministry of solidarity between the Catholic Dioceses of Omaha and Huehuetenango, Guatemala

For more information, call Terry Wood at 402-290-5571.

Register online at the Omaha Running Club website at www.omaharun.org.

(Individual entries only)

For an entry form, see the Cinco de Mayo Omaha website at www.cincodemayoomaha.com.

(Individual, family or group entries)



Third Annual 5K Walk/Run & 1 Mile Kids Fun Run

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Email _____

Date of Birth _____ Age _____ Sex _____

Shirt size: Adult S M L XL (circle one)

Registration Type (circle one)

Individual

Family

Group

Total number in family/group participating _____

Family/Group Name _____

Participating Spouse

Name _____

Date of Birth _____ Age _____ Sex _____

Shirt size: Adult S M L XL (circle one)

Participating Children/Group Members

(use additional pages, if necessary)

Name _____

Date of Birth _____ Age _____ Sex _____

Shirt size: Adult S M L XL Youth S M L (circle one)

Race: 1 Mile Kids Run 5K (circle one)

Name _____

Date of Birth _____ Age _____ Sex _____

Shirt size: Adult S M L XL Youth S M L (circle one)

Race: 1 Mile Kids Run 5K (circle one)

Name _____

Date of Birth _____ Age _____ Sex _____

Shirt size: Adult S M L XL Youth S M L (circle one)

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Name _____

Date of Birth _____ Age _____ Sex _____

Shirt size: Adult S M L XL Youth S M L (circle one)

Race: 1 Mile Kids Run 5K (circle one)

Name _____

Date of Birth _____ Age _____ Sex _____

Shirt size: Adult S M L XL Youth S M L (circle one)

Race: 1 Mile Kids Run 5K (circle one)

Release and Waiver (Please read and sign)

I know that running a road race is potentially hazardous activity which could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but no limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me.

I understand that bicycles, skateboards, baby strollers/joggers, roller skates or blades, animals, and radio headsets are not allowed in the race and I will abide by this guideline.

I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Having read this waiver and knowing these facts and inconsideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the South Omaha Business Association, Cinco de Mayo organizers, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Parents must sign for participants under 18 years of age. All group members must sign.

Participant/Parent (Please Print) Signature Date

Spouse (Please Print) Signature Date

Participant (Please Print) Signature Date

Participant (Please Print) Signature Date

Participant (Please Print) Signature Date

Participant (Please Print) Signature Date

Participant (Please Print) Signature Date

Send entry form and fee to:

Cinco de Mayo 5K
c/o Mark Zimmer
9103 Pacific St.
Omaha, NE 68114

Make checks payable to:

Ixim Spirit of Solidarity